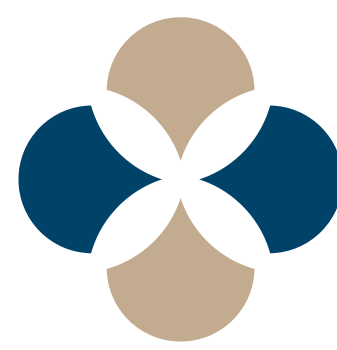




**THERME
LAA**

HOTEL | SILENT SPA | VILLAS

OVERVIEW & INFUSION SCHEDULE

SAUNA WORLD THERME LAA

OUR DAILY SAUNA INFUSIONS

LOFT SAUNA

In the cozy loft sauna, you can enjoy special infusions with creams and salts at a room temperature of up to 80°C. Outside the scheduled times for these special infusions, automatic sessions take place every quarter past and quarter to the hour.

3:30 p.m.
yoghurt creme

7:00 p.m.
hemp body milk

 **80°C**

SWISS STONE PINE-SAUNA

Surrounded by the soothing atmosphere of Swiss stone pine, you can have a sauna bucket with a fragrance of your choice prepared in our Swiss stone pine sauna every half hour and on the hour. Please let us know your preference in advance. At up to 90°C, you can become your own sauna master.

Daily from 9:00 a.m., every half hour and on the hour

 **90°C**

WEINVIERTEL SAUNA

The rustic, regionally inspired sauna, designed in the style of a traditional wine cellar, offers gentle relaxation at mild temperatures of up to 52°C.

Every day from 10:00 a.m.

 **52°C**

POND-SAUNA

The pond sauna, featuring a panoramic window, offers great views of the surrounding nature. At temperatures of up to 90°C, you can enjoy an intense sauna experience and stimulate your circulation.

10:30 a.m. 12:30 p.m. 1:30 p.m. 3:00 p.m. 4:30 p.m. 8:00 p.m.

 **90°C**

STEAM BATH-RITUALS

Enjoy the 45°C steam bath, enhanced by a refreshing emulsion or a soothing cream.

11:00 a.m.
exfoliating salt

1:00 p.m.
emulsion

2:00 p.m.
exfoliating gel

4:00 p.m.
honey

6:30 p.m.
body butter

 **45°C**

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THERME-LAA.AT

Ein Resort der:

**VAMED
VITALITY
WORLD**

the
relaxing
way
of life