

THERME LAA - HOTEL & SILENT SPA

The SILENT SPA of Therme Laa: No day like any other

How nice it would be just to hear the water rushing. Not having to do anything. Just be there. Close your eyes. Leave the world outside. Arrive and switch off, let go and free your mind. Let yourself be pampered. No tomorrow, no yesterday. No day like any other.

Space for individual retreat

A door opens and a world of water and silence opens.

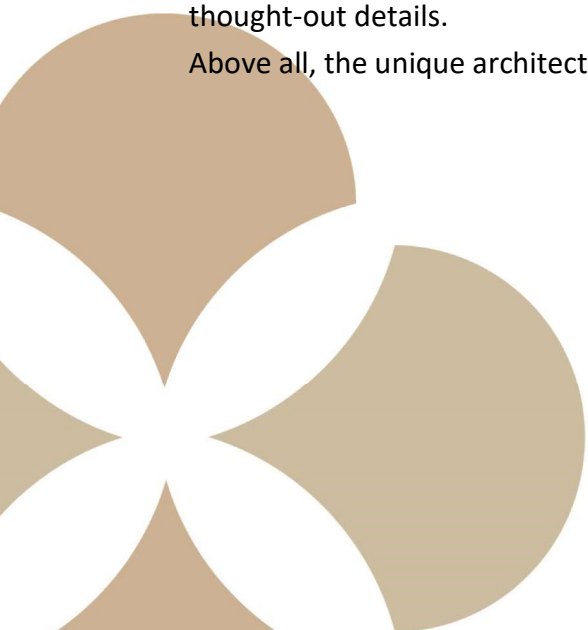
A world full of relaxing possibilities and smart comfort.

Time and rest are among the most valuable assets of our time. In order to leave the hectic everyday life behind for a while, special places are needed. The SILENT SPA of the Weinviertler Therme Laa is such a precious refuge. With the exclusive Premium Day Spa of Therme Laa (Adults only), a unique space for individual retreat was created in 2016. Warm thermal water, soft light and delicate fragrances, fine materials and exquisite service, allow our guests to consciously experience relaxation and return to themselves. Warm thermal water, soft light and delicate scents, noble materials and exquisite service, allow our guests to consciously experience relaxation and return to themselves.

Architecture creates space for peace and quiet

The secret of the SILENT SPA experience lies in the skilful interplay of great ideas and finely thought-out details.

Above all, the unique architecture creates an inimitably relaxing atmosphere.



Therme Laa – Hotel & Silent Spa

Thermenplatz 1, 2136 Laa an der Thaya

www.silentspa.at | silentspa@therme-laa.at | +43 (0) 2522/84 700 770

Ein Resort der VAMED Vitality World

BASE PRESS-INFORMATION SILENT SPA



In the SILENT SPA, architect Wolfgang Vanek combines elements of sacred architecture with the luxury of modern bathing culture in the SILENT SPA: the centre of the walk-in water landscape consisting of four ellipses is dominated by an octagonal tower in which a three-storey cascade fountain provides a unique ambience. The ellipses are individually designed and offer a brine pool, spa suites and a steam bath in addition to comfortable reclining beds for retreat and relaxation. A high-quality sauna area with special infusion ceremonies, an exercise room and restaurant & bar complete this unique structure.

Garden of Eden: The green paradise

SILENT SPA visitors will find even more relaxation in the Garden of Eden in summer. The flourishing paradise caresses the Premium Day Spa of Therme Laa. A green realm that blossoms in full splendour in keeping with the hot and dry Weinviertel climate and ensures peace and relaxation.

Visually, the Garden of Eden enchants with an ensemble of numerous trees, shrubs and flowers, including robinia, cypresses, lime trees and maple trees. This flora, skilfully arranged by the Lower Austrian nursery „Kittenberger Erlebnispärten“, offers you a wonderful place to enjoy and linger in the warm months. Granite blocks from the Waldviertel region frame the luxury retreat and create a natural opportunity for you to stroll, sit and soak up the sun. The harmonious symbiosis of plant kingdom, sunbathing areas, relaxation zones and a fantastic restaurant terrace leaves nothing to be desired.

Find inner peace: Rituals & Ceremonies

In turbulent and stressful phases of life, it is easy to lose your inner balance. Find your way back to your centre with the SILENT SPA's movement ceremonies and special sauna rituals - and reflect only on yourself.

Recharge your batteries with a yoga session in the unique water landscape, consciously feel into your body with breathing and movement exercises or let time stand still with a guided singing bowl meditation. If you want to leave the world outside and seek peace and quiet, you will also find it in the Room of Silence.

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The sauna world in the SILENT SPA provides moments of complete relaxation with its infusions and ceremonies spread throughout the day. In addition to a herb garden with plunge pool, a gentle bio sauna (60°C) and a classic Finnish sauna (90°C), a steam bath and a salt room with dry salt mist await you in the indoor area.

Pampering program at the highest level

First-class service is lived in the SILENT SPA: this includes a personal welcome, a harmonious wellness robe, small attentions, a varied pampering offer and the exclusive lounge service. The independent, partially certified organic cuisine of the SILENT SPA offers regional delicacies, which can be served to your lounge on request. When booking online, the personal berth can be reserved in advance and an incomparable day can be planned to recharge your batteries.

In addition to the variety of different massages and cosmetic treatments, the two exclusive signature treatments "SILENTIUM" and "LEVITAS", which were specially developed for the SILENT SPA, provide particularly relaxing pampering moments.

Undisturbed togetherness: The Private Spa Suite

Let time stand still. For a moment, for a precious moment.

In the Private Spa Suite you will find plenty of protected space just for the two of you. Upon reservation, a private relaxation area, a steam cabin & a double bathtub await you in your exclusive retreat. Your stay is further sweetened by a bottle of sparkling Prosecco and delicious Petit Four.

Say yes to the spa: The bachelorette party at the SILENT SPA

Instead of going wild in bars, the - mostly female - bachelorette party takes place in a much more stylish ambience when booking the Bachelorette Spa at the SILENT SPA. Recharge your batteries for the most beautiful day of your life in a trusted circle of friends, with an all-round package that pampers you and makes you dream.

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In silence lies the power.

Since its opening in 2016, the SILENT SPA has already been honoured with 13 international and national professional awards and prizes - including the "Haute Grandeur Global Excellence Awards", the "European Health & Spa Award", the "World Luxury Spa Award", the "EWA Professional Award", the "Seven Star Luxury Award" and the "LTG Luxury Travel Guide Award". The unique design in combination with the tasteful furnishings and first-class services of Therme Laa's premium day spa were the decisive factors in the assessment time and again.

Further facts and figures about the SILENT SPA

- approx. 3600 m² total area
- approx. 500 m² water area (incl. reflecting pools)
- approx. 400 m² sauna area
- approx. 100 m² treatment area
- Structural connection to the Therme Laa
- Exclusive parking space including barrier system
- Admission only for adults over 16 years of age
- Total capacity: around 140 guests at the same time

Bookings under silentspa@therme-laa.at

Information at: www.therme-laa.at & www.silentspa.at

Press Contact

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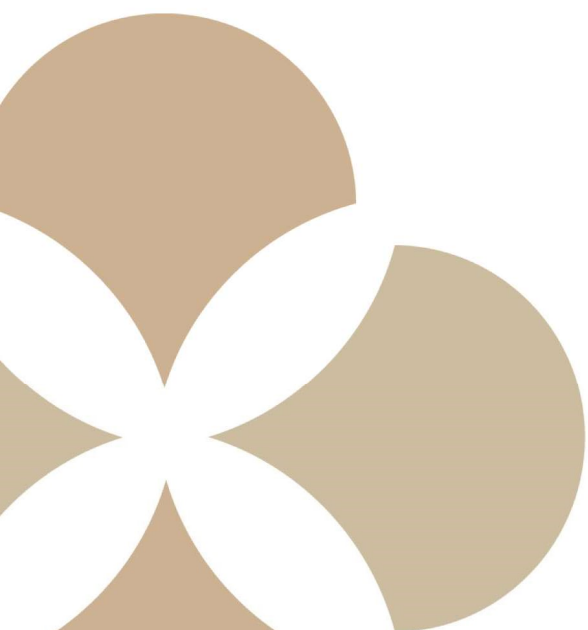
is one of eight resorts of VAMED Vitality World, the number one in Austrian spa and health tourism. The Weinviertler Therme Laa - Hotel & Silent Spa was expanded in 2016 to include Lower Austria's first Premium Day Spa - the SILENT SPA. Since 2017, this has been awarded a total of 12 national and international awards. In the four-star superior hotel, the thermal baths, the sauna world and the SILENT SPA, almost five million national and international guests have so far been able to relax.

VAMED Vitality World

The internationally active health care group VAMED has been involved in the spa and wellness area since 1995. Under the competence brand VAMED Vitality World, founded in 2006, VAMED operates eight of the most popular spa and health resorts in Austria: the AQUA DOME – Tirol Therme Längenfeld, the SPA Resort Therme Geinberg, the Therme Laa – Hotel & Silent Spa, the St. Martins Therme & Lodge in Frauenkirchen, the Therme Wien, the GesundheitsZentrum Bad Sauerbrunn, the TAUERN SPA Zell am See – Kaprun and the la pura women's health resort kamptal in Gars am Kamp. With an average of 2.6 million guests per year in the resorts of VAMED Vitality World, VAMED is Austria's leading operator of spa and health resorts.

VAMED

VAMED was founded in 1982 and has since grown to become the world's leading full-service provider for hospitals and other healthcare facilities. The Group has implemented around 1,000 projects in 95 countries on five continents. The portfolio ranges from project development as well as planning and turnkey construction to maintenance, technical, commercial and infrastructural services and overall operational management in healthcare facilities. With its offer, VAMED covers all areas of health care from prevention and health tourism to acute care and rehabilitation and care. In addition, VAMED is a leading provider of rehabilitation services in Europe and, with VAMED Vitality World, the largest operator of spa and health resorts in Austria. In 2020, the VAMED Group was responsible for more than 23,000 employees worldwide and a business volume of around 2.3 billion euros.



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