



**THERME
LAA**

HOTEL SILENT SPA

BASIC PRESS RELEASE

THERME LAA-HOTEL & SILENT SPA resort

Holiday in the Weinviertel region - Therme Laa - Hotel & Silent Spa

Recharge your batteries, relax or simply enjoy some time out - the Therme Laa - Hotel & Silent Spa, one of 9 resorts of the VAMED Vitality World, has something for everyone! An upmarket ambience, culinary delicacies, thermal bath delights, sauna fun, relaxation, massages and beauty treatments, or unwind and relax in the SILENT SPA – there is so much to choose from!

The wellness resort in the middle of the Weinviertel region!

In the picturesque Weinviertel region in Lower Austria time passes more slowly! Leave behind the stresses of everyday life and immerse yourself in a world of relaxation – that's what we aim for. The 4* hotel Therme Laa with its elegant furnishings, attentive service and diverse range of offers is the perfect place for it. First-class rooms and elegant suites invite you to linger. In the lobby you can relax in stylish surroundings. The hotel's restaurants spoil you with their culinary delights. Chilling out at the bar and relaxing in the thermal bath, the hotel spa, beauty treatments and massages, all ensure a perfect getaway! For seasonal offers visit: www.therme-laa.at

Culinary highlights in the hotel's own restaurants ...

Restaurant **Gaumenfreuden** focuses on regional and seasonal cuisine from the Weinviertel region. Here we treat our hotel and thermal bath guests as well as anyone else to the finest creative dishes to be enjoyed in a comfortable, classic and elegant atmosphere.

Start your day at **Therme Laa's Restaurant Feinspitz** with a gourmet breakfast. Half-board hotel guests can enjoy a select 5-course dinner in the evening. You have a choice of meat, fish, vegetarian and wellness dishes, and we of course take into account any food intolerances.

Therme Laa – Hotel & Silent Spa

Thermenplatz 1, 2136 Laa an der Thaya · T: +43 (0) 2522/84 700 570 · F: +43 (0) 2522/84 700 755
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A visit to the thermal bath - an experience for young and old!

If you want to spend a day of bathing with the family, Therme Laa welcomes you all the year round! There are special children's pools in our **children's world**, exciting special attractions as well as entertainment for kids with a varied programme. Visit the **family oasis** for a day of cuddling with the little ones, where the whole family can play and relax away from the hustle and bustle of the thermal bath. Austria's first **clothed sauna** is one of the highlights of Therme Laa - feeling the warmth in a pleasant and very unusual ambience guarantees a sauna experience for young and old. There are quiet rooms, the lounge hall in the thermal bath in the winter and the spacious outdoor area in the summer for relaxing after a bath and a sauna.

The water world of Therme Laa

The pools of Therme Laa are fed from a sodium-chloride-iodine-mineral thermal spring. The water world of Therme Laa covers a total area of some 7,800 square metres. It consists of a large **thermal pool** in the centre of the complex that links to the outdoor pool, a smaller **massage pool** where you can be massaged with water jets on air bubble beds or the massage wall, and a **brine** and **activity pool**, where you can either quietly relax or have a swim. The **water slide**, for kids and the young at heart, completes the offerings of the water landscape.

The sauna world – the heart of Therme Laa

Sweating is particularly beneficial for body and mind all the year round! In the new sauna landscape of Therme Laa, which features 4 saunas, a steam bath as well as indoor and outdoor quiet areas, taking a sauna is a true experience! Slow sweating at 60 degrees in the **Loft sauna**, at 90 degrees in the fragrant **Arolla pine sauna** or in the primeval **Weinviertel sauna**, experiencing various infusions and enjoying the panoramic views in the **pond sauna** – we have something for every sauna fan. The **steam bath** with scent & sound provides relaxation for body and mind and is a real treat for all the senses. There is a thermal outdoor pool and a plunge pool in the nude area to cool off after the sauna.

Quiet rooms and a large outdoor area invite you to enjoy some well-deserved peace and quiet. The sauna bar serves refreshments and snacks.

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SILENT SPA - a spa like no other!

The SILENT SPA is a premium day spa for guests from the age of 16. You can book your personal spot in advance online and plan a premium relaxed day off. Individual service is what the SILENT SPA is all about: a personal welcome, a bathrobe that fits, fresh towels when needed, small gifts, a wide range of massages and beauty treatments and easy ordering and booking on the spot using a tablet computer.

The architecture creates space for quietness

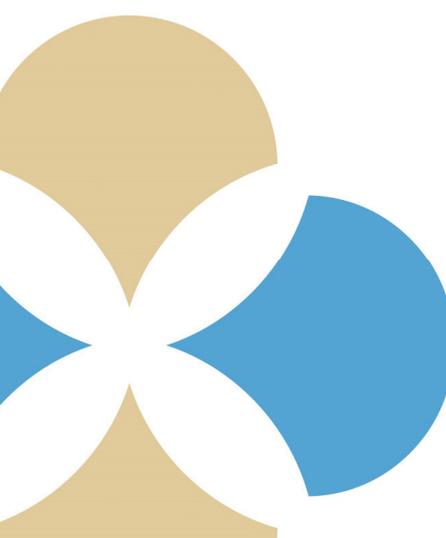
Rooms with an inspiring atmosphere were created using elements of religious architecture. The centre of the SILENT SPA consisting of four ellipses is dominated by an octagonal tower in the middle of the walk-in water landscape where a three-storey cascading fountain creates a very special ambience. The ellipses are all equipped in different ways, offering comfortable loungers for peaceful relaxing, a brine pool for unwinding, a brine experience room, spa suites and a steam room. A high-quality sauna area, a movement room and a restaurant & bar area complete this unique building. The SILENT SPA can be accessed either via a separate entrance or from the thermal bath.

Booking & information: www.therme-laa.at

Press contact

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Therme Laa – Hotel & Silent Spa press office



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is one of nine resorts of the VAMED Vitality World, the number one of Austria's thermal bath and health tourism industry. So far, the four-star superior hotel, the thermal bath, the sauna world and the health centre have attracted more than four million national and international visitors.

About the VAMED Vitality World

The international health company VAMED has been committed to thermal baths and wellness since 1995. Under the competence brand VAMED Vitality World, which was founded in 2006, VAMED operates eight of the most popular Austrian thermal bath and health resorts: the AQUA DOME – Tirol Therme Längenfeld, the SPA Resort Therme Geinberg, Therme Laa – Hotel and Spa, St. Martins Therme & Lodge, Therme Vienna, the Bad Sauerbrunn health centre, TAUERN SPA Zell am See-Kaprun, the la pura women's health resort kamptal and the Aquaworld Resort Budapest, one of the largest thermal bath resorts in Hungary. With more than 3.1 million annual visitors to the thermal baths of the VAMED Vitality World, VAMED Austria is the leading operator of thermal baths and health resorts.

VAMED AG

VAMED was founded in 1982 and has since become the leading single-source provider worldwide for hospitals and other healthcare facilities. The company has already completed 760 projects in 78 countries on four continents. The company portfolio includes project development and planning; turnkey construction; maintenance; technical, commercial and infrastructure services as well as operation management in healthcare facilities. With its offerings, VAMED covers all areas of health care, from prevention, wellness and acute treatment to rehabilitation and care. Furthermore, VAMED is the leading private provider of rehabilitation services and with VAMED Vitality World the largest operator of thermal baths and health resorts in Austria. In 2015, the VAMED group was responsible for some 17,200 employees and a business volume of 1.6 billion euros worldwide.

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